Family trips Where to go with children

Mom, Dad, what are we doing today? **Every parent surely** knows that phrase. Here are some tips on where to go with kids, be it winter or summer.

Science and Technology Center

(Dolní Vítkovice)



Tatra Truck Museum

in Kopřivnice



Spas & relaxation



Spas & Healthy Treatments

Karlova Studánka Spa - The Jeseníky Mountains Darkov Spa Sanatoria Klimkovice





Our region hosts the largest events in the Czech Republic. Music festivals, conferences, or sports events of international character.



Karlova Studánka Spa



Colours of Ostrava

Relaxation centres

MIURA SPA Čeladná Wellness in Penzion Jurášek – The Beskydy Mountains Beer Baths at the Zábřeh Chateau, Ostrava SPA Kopřivná, Mountain hotel Kopřivná pod Pradědem – The Jeseníky Mountains

Colours of Ostrava Beats for Love (B4L) Golden Spike NATO Days

Ostrava Beach Pro



Beer baths

ZOO Ostrava

DinoPark Ostrava

Beats for Love (B4L)

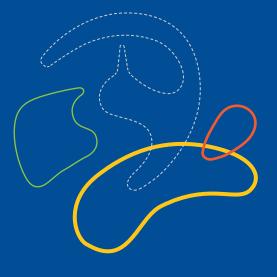


Ostrava Beach Pro



Moravskoslezský kraj 28. října 117, 702 00 Ostrava Czech Republic





DESTINATION GUIDE

NORTH MORAVIA

CZECH REPUBLIC







Penzion Jurášek





and Jeseníky **Mountains**

North Moravia is an ideal destination for lovers of exercise and nature. It offers a wide range of activities, from hiking and cycling to water sports.



The Beskydy

Hiking 2,863 km of hiking trails in the region



Bílá Opava valley hiking trail

Praděd

The Jeseníky Mountains

6 championship courses with views of the mountains, parks, and industrial monuments, which are no more than 40 km apart

The Beskydy

Ropice Golf Resort





Cycle routes, singletrails

cross-country skiing

of cross-country ski trails

and bikeparks

Ski resorts &

almost 700 km



Historical cottages Maměnka & Libušín at Pustevny

Štramberk - Urban Heritage



Sovinec Castle





Raduň Chateau

TECHNOTRAIL Technical monuments and points of interest

The virtual Technotrail connects places where unforgettable experiences await you, pointing out the technological and craft proficiency of North Moravia and Silesia.

> Bartošovice Mill Hyundai car plant tour Bohumín Bunker Michal Coalmine

Mining Museum in Landek Park





POJEZ Gourmet experiences

Taste regional specialities, follow the Beskydy Mountains beer trail, or experience modern cuisine in fancy bistros.

Štramber Ears traditional regional sweet pastry

Radegast

Beskydy Mountain Beer Trail visit microbreweries among the Beskydy Mountains

Libušín Restaurant at Pustevny Rest&rt Bar Karviná Pizza Chleba DOV

Marlenka – a traditional honey cake with nuts

Radegast Brewery Nošovice tour of the brewery with beer tasting



Pizza Chleba



