

CROSS-COUNTRY SKIING IN THE JESENÍKY MOUNTAINS

Bare plains, deep forests, panoramic views from the top and challenging descents and ascents. These are the cross-country skiing trails in the Hrubý Jeseník region.

MALÁ MORÁVKA AND KARLOV

Lit Fit circuit in Karlov / Dining at the Alfrédka mountain cottage.

A well-known large cross-country skiing area at the foot of the main Jeseníky ridge. 80% of the trails are situated at an altitude of around 1,000 m above sea level. For that reason, there is usually plenty of snow there.

Lenght: up to 60 km
Above sea level: 550–1,150 m



Route tip



Starting point

NOVÁ VES

Cross-country skiing circuits on a meadow suitable for beginners.

The area is located at the foothills of Hrubý Jeseník and its trails are connected to the ski trails from Karlov pod Pradědem. You will find ski trails and cross-country skiing circuits with a total length of 34 km.



Web



Route tip



Starting point

Délka: up to 34 km
Above sea level: 600–850 m

HORNÍ MĚSTO, TVRDKOV AND BŘIDLIČNÁ

Discover wide meadows with views.

HORNÍ MĚSTO and TVRDKOV Cross-country skiing trails in the pastures and meadows around Horní Město are suitable for all types of skiers thanks to the variety of circuits.

Length: up to 50 km
Above sea level: 650–800 m



Route tip



Starting point

VRBNO POD PRADĚDEM

St. Anne's Church at the Anenský vrch

The town of Vrbno pod Pradědem and its surroundings are crisscrossed with cross-country ski trails. The routes are properly marked out with tourist and local signs.

Délka: up to 60 km
Above sea level: 650–950 m



Route tip



Starting point



PRADĚD

The highest cross-country ski circuit in the Czech Republic.

Cross-country skiing trails are located in the vicinity of the highest mountain in Moravia – Praděd (1,491 m above sea level). Thanks to its altitude, it has some of the best snow condition in the Czech Republic.

Length: up to 15 km
Above sea level: 1,300–1,491 m



Facebook



Route tip



Starting point



Discover the charm of the Oderské vrchy Nature Park in the southeastern part of the Nízký Jeseník Mountains. In addition to the ungroomed trails, where the track can be trodden when there is enough snow, below you will find tips on other places to go for a groomed white track.

BUDIŠOV NAD BUDIŠOVKOU / SKI AREÁL HORNÍ GUNTRAMOVICE

The ski area facilities.

Discover the charm of the Oderské vrchy Nature Park in the southeastern part of the Nízký Jeseník Mountains. In addition to the ungroomed trails, where the track can be trodden when there is enough snow, below you will find tips on other places to go for a groomed white track.

Length: up to 20 km
Above sea level: 600–720 m



Web



Starting point

TOŠOVICE U ODER

Circuits for complete beginners.

As part of the HEIPARK Tošovice sports complex in the middle of the breathtaking nature of the Oderské vrchy, a 500-metre-long cross-country skiing oval-shaped trail is at your disposal in the vicinity of the water reservoir. It also includes a timer.

Length: 500 m circuit
Above sea level: 450 m



Web



Starting point

State of the trails can be found here:



bilestopy.cz



jdemenabezky.cz

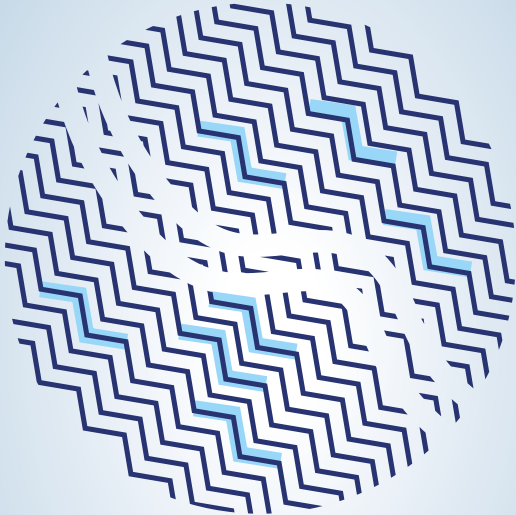


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SKIER'S GUIDE

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Tips on cross-country skiing trails for white track lovers

Whether you prefer cross-country skiing on a groomed trail or off-trail, we have tips for you on where to go on trips to see the magic of the winter landscape and enjoy the fresh air in North Moravia.



northmoravia



CROSS-COUNTRY SKIING IN THE BESKYDY MOUNTAINS

Imagine a unique network of groomed cross-country ski trails in the easternmost mountain range of the Czech Republic - the Beskydy Mountains. Connected here are groomed trails with a length of about 300 km throughout the Beskydy Mountains.

PUSTEVNY

Cross-country skiing 5 km at an altitude of 1,000 m above sea level.

The starting point of a popular cross-country skiing area with a total of 74 km of groomed cross-country ski trails of varying difficulty. How about a relaxing ridge with magnificent views towards Radhošť (1,129 m above sea level) or Martiňák (785 m above sea level)?

Length: up to 74 km
Above sea level: 600–1,000 m



Web



Route tip



Starting point



LYSÁ HORA

The trails are not machine groomed.

Try the Lysohorská cross-country skiing trail and take advantage of the highest route in the Moravian-Silesian Beskydy Mountains. Head from Albin Square past the Ivančena Mound to the Zimný crossroads, where you can climb to the top of Lysá hora.

Length: up to 50 km
Above sea level: od 600–1,323 m



Route tip



Starting point number 1



Starting point number 2

GRUŇSKÝ LEDOVEC

Dark Sky Park (Try the largest telescope in the Czech Republic under a dark sky away from the shining cities, open to the public).

Famous scenery that even the poet Petr Bezruč couldn't resist. Staré Hamry will welcome you too, try for example the running trail Gruň – Bílý Kříž – Dorotanka.

Length: up to 20 km
Above sea level: 660–900 m



Web



Route tip



Starting point



BÍLÁ

Illuminated circuit around the preserve.

A wide choice of several cross-country skiing circuits of varying length and difficulty. Beskydy border ridge – there are breathtaking views, mountain huts, many starting points.

Length: up to 60 km
Above sea level: 550–850 m



Web



Route tip



Starting point

JAVOROVÝ

Garlic soup at the cottage at the Malý Javorový

From the car park near the town of Trinec you can take a comfortable chair lift up to 900 m above sea level to Javorový vrch and then just enjoy the beauty of the mountains. Thanks to this, you don't have to overcome great elevations and the trails are also suitable for older or less skilled cross-country skiers.

Length: up to 30 km
Above sea level: 550–900 m



Web



Route tip



Starting point

MOSTY U JABLUNKOVA AND BUKOVEC

Cross-country skiing in the easternmost corner of the country.

A well-known area on the border of the Czech Republic, Slovakia and Poland. Cross-country trails, which can be embarked on directly in the ski area in Mosty u Jablunkova. The trails lead to the border with Slovakia to Jablunkov via the Girova Mountain Chalet and also to the village of Bukovec.

Length: up to 40 km
Above sea level: 550–750 m



Web



Route tip



Starting point

GOLF & SKI RESORT OSTRAVICE

Ideal for beginners.

Well accessible cross-country skiing trails around the golf course in Ostravice. Beautiful panorama of the highest peaks of the Moravian-Silesian Beskydy Mountains.

Length: up to 10 km
Above sea level: 460 m



Web



Starting point

SKI RESORTS IN THE MORAVIAN-SILESIA REGION

Beskydy

Skiareál Bílá v Beskydech

web



Ski areál Severka Dolní Lomná



Skiareál Mezivodí v Beskydech



Ski Park Gruň Staré Hamry



Ski Areál Opálená



Ski Areál Mosty u Jablunkova



Ski Malenovice



Ostrava

Ski areál Skalka Ostrava

web



Ski areál Vaňkův kopec v Horní Lhotě u Ostravy



Jeseníky

Ski Aréna Karlov

web



Skiareál Kopřivná Jeseníky



Annaberg, Andělská Hora



Skiareál Praděd



Oderské vrchy

Sportovní areál HEIPARK Tošovice

web



Ski areál Horní Guntramovice

